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Course Name

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Code No.**I. COURSE DESCRIPTION:**

Substance abuse and dependency issues ranks as one of the major issues in today's society. Students will be taken through the process of working with clients addressing this complex, usually progressive problem. Substance misuse, abuse and dependency are multifaceted problems that vary across cultures, families, as well as individual to individual. We will guide students in their recognition, assessment and treatment of substance abuse and dependency in community members in need.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the student will demonstrate the ability to:

1. Adopt a confident, flexible and knowledgeable attitude towards various treatment approaches/treatment processes present in any treatment setting.

Potential Elements of the Performance:

- Apply knowledge of prevention, intervention and aftercare to various treatment modalities and settings.
2. Self Assess your performance of the 12 core functions of a substance abuse counsellor.

Potential Elements of the Performance:

- Integrate and apply academic knowledge to practical use of core functions.
  - Self evaluate ability to perform core functions.
3. Implement the Canon of Ethical Principles into your every day professional activities.

Potential Elements of the Performance:

- Connect Canon of Principles to everyday professional activities
- Self-evaluate and connect with professional mentors to analyze performance.

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Course Name

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Code No.

4. Complete an assessment using tools currently available in the field of addictions.

Potential Elements of the Performance:

- Practically apply various assessment tools (SASS 1-2, CAGE, ASSIST etc.).
- Commit to updating professional information and training.

5. Prepare a complete case presentation of clients involved in the continuum of care.

Potential Elements of the Performance:

- Implement stages of change and individual client information to accurately assess and work with agencies and issues on the continuum of care.

6. Design, develop and implement a comprehensive treatment plan suitable to meet the specific needs of each individual and co-ordinate effective on-going case management.

Potential Elements of the Performance:

- Implement long and short term goals, assessment, matching, individual and group work and aftercare planning to meet needs of clientele.

7. Create a staff plan to ensure efficient time management and comprehensive coverage of treatment needs.

Potential Elements of the Performance:

- Evaluate skills of self and staff to cover treatment needs of clientele using information relating to addictions and professional management of services.

### III. TOPICS:

1. The Continuum of Care – Treatment Settings and Modalities
2. Case Presentation Method – 12 Core Functions

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 Course Name

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 Code No.

3. Ethical Principles and Role of Substance Abuse Worker
4. Treatment Plan – Client
5. Introduction to Relapse Prevention

#### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Substance Abuse Counselling: Theory & Practice, Patricia Stevens – Smith & Robert L. Smith, Prentice Hal, 1988

#### V. EVALUATION PROCESS/GRADING SYSTEM:

<b>METHOD OF EVALUATION</b>		<b>PLANNED DATES</b>
		<b>Due week of:</b>
Test #1	25%	October 25
Test #2	10%	November 15
Test #3	15%	December 6
Community Resources Directory	15%	Sept. 27
Treatment Plan/Schedule	25%	December 6
Aftercare Plan	10%	December 13
<b>TOTAL</b>	<b>100%</b>	

- A. i) Test one will cover the various approaches of prevention, intervention and treatment in various treatment settings & modalities.
- ii) Test two will cover the 12 Core Functions of a substance abuse counsellor and 12 Ethical Principles.
- iii) Test three will cover Relapse Prevention.

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 Course Name

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 Code No.

B. Community Resources Directory: this assignment can be completed in various formats and must include the following:

1. Minimum of 20 service providers/agencies in the community who provide addiction services.
2. For each service provider/agency:
  - a. Full address, include postal code
  - b. Telephone numbers and fax numbers (include area code)
  - c. Target client population
  - d. Main services provided
  - e. Contact person and their title within the agency - cannot be the Director or equivalent unless validated as only possible contact.
  - f. Identify if the service is prevention, intervention or treatment

\*\*\*\*"This is an individual assignment". All the information in your directory must be current and accurate to receive full marks (1 mark will be deducted for each spelling error).

C. Treatment Plan-Client/Schedule: Students will design a new service for addictions. Your service will include a variety of activities which will meet the needs of your client. Specifics on process and format to be provided by instructor.

D. Report: Students to prepare 3 - 5 double-spaced typewritten pages on an issue related to addictions treatment. Specifics on format and process provided by instructor. Bibliography required.

E. After-Care Plan: The student will develop an after care plan which best suits the clients needs, include community resources from your community directory. Specifics on process and format to be provided by instructor.

The following semester grades will be assigned to students in postsecondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 - 100%	4.00
A	80 - 89%	3.75
B	70 - 79%	3.00
C	60 - 69%	2.00
R (Repeat)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	

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Course Name

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Code No.

S	Satisfactory achievement in field placement or non-graded subject areas.
U	Unsatisfactory achievement in field placement or non-graded subject areas.
X	A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies &amp; Procedures Manual – Deferred Grades and Make-up</i> ).
NR	Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has not been possible for the faculty member to report grades.

## VI. SPECIAL NOTES:

### Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

### Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

### Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

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Course Name

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Code No.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**Significant learning takes place in the classroom through an interactive learning approach; therefore, ALL students must attend 60% of the classes to obtain a passing grade.**

**All assignment are to be handed in on the due date and are to be typewritten. Any late assignments will be penalized 1% each day late.**

**VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.